



6th IAPSM Young Leaders' National Conclave

Data, Digitalisation and Decisions: Youth at the Forefront of Health Tech

Pre-Conclave Workshop

Implementation Research for Transforming Public Health Practice for Chronic Conditions



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Date: 5th December 2025

**Venue: Super Speciality Block, Goa Medical College
Limited Seats**

Contact :



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IAPSM YLNC Goa 2025



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For Registration and more Details : <https://gmco.goa.edu.in/conclave2025-home/>



6th IAPSM YLNC 2025 Goa

Pre-Conclave Workshop

IMPLEMENTATION RESEARCH FOR TRANSFORMING PUBLIC HEALTH PRACTICE: FOCUS ON CHRONIC CONDITIONS.

India is experiencing a high burden of non-communicable diseases (NCDs) and mental health disorders, now recognized as the leading contributors to adult morbidity and mortality nationally. National Family Health Survey-5 (2019–21) reveals significant regional variation in health status and service utilization, reflecting persistent inequities in access to care and program delivery. Without urgent, evidence-based solutions, the prevailing inequities will undermine India's demographic dividend and national development. In India's complex health system, characterized by diversity in infrastructure, resource availability, and cultural backgrounds, public health professionals must translate evidence into high-impact, sustainable action.

Strengthening implementation research capacity is essential to advance towards Sustainable Development Goal 3 (Good Health and Well-being). By supporting the delivery and scaling of interventions that reflect community needs and accommodate the diversity of India's health systems, such capacity-building accelerates national progress.

This implementation research workshop, led by a team with experience in implementation research and advocacy, will equip participants with systematic, evidence-based methods for identifying barriers and enablers, customizing interventions, and assessing the effectiveness of integrated NCD and mental health initiatives in real-world settings. These skills are critical for enhancing the National Programme for Prevention and Control of Non-Communicable Diseases (NPNCD) and the National Mental Health Programme (NMHP), thereby addressing the gaps and priorities revealed by national data.



5th December
2025



9AM TO 5PM



Department of Community
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Resource Faculty

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OBJECTIVES

- To equip public health professionals in applying context-specific implementation research frameworks;
- To encourage collaboration in mapping contextual facilitators and barriers at individual, provider, and system levels reflective of daily public health practice;
- To empower public health teams to design proposals, adapt interventions, and scale solutions within the Indian public health context

SESSION OUTCOMES

- Identify appropriate, context-specific implementation research frameworks;
- Develop draft proposals to adapt and scale interventions suitable for implementation within the Indian public health context;
- Identify and document at least three contextual facilitators and three barriers at the individual, provider, and system levels relevant to participants' local settings



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